



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Teubert, Daniel

Club: Apolda

Number: 137

Course: 9.75 km

10 km Lauf

Category:

Männer M35

Total time: 45:20

Speed: 11.91 km/h

Running performance: 4:39 min/km

Rank in course/Total: 53 (of 150)

Rank in course/Men: 51 (of 128)

Best time in course: 32:24

Rank in category: 11(of 24)

Best time in the category: 37:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	15:14	4:41	13	4:05	73	5:01	3.25	15:14	4:41	15		51	5:01
Lap 2	3.25	15:19	4:42	9	2:19	45	4:07	6.50	30:33	4:42	14		51	9:08
Last lap Finish	3.25	14:47	4:32	7	3:10	37	3:48	9.75	45:20	4:38	12	22:34	53	22:34