



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Schmitt, Erich

Club: TSV Ostheim/Rhön

Number: 168

Course: 9.75 km

10 km Lauf

Category:

Männer M60

Total time: 47:46

Speed: 11.30 km/h

Running performance: 4:54 min/km

Rank in course/Total: 69 (of 150)

Rank in course/Men: 65 (of 128)

Best time in course: 32:24

Rank in category: 4(of 8)

Best time in the category: 36:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:57	4:35	4	3:03	68	4:44	3.25	14:57	4:35	4	3:03	65	4:44
Lap 2	3.25	16:28	5:03	4	3:40	65	5:16	6.50	31:25	4:50	4	6:43	65	10:00
Last lap Finish	3.25	16:21	5:01	4	4:18	67	5:22	9.75	47:46	4:53	4	11:01	67	25:00