



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Becker, Soeren

Club: SG Glücksbrunn Schweina

Number: 201

Course: 9.75 km

10 km Lauf

Category:

Männer M20

Total time: 37:39

Speed: 14.34 km/h

Running performance: 3:52 min/km

Rank in course/Total: 9 (of 150)

Rank in course/Men: 9 (of 128)

Best time in course: 32:24

Rank in category: 5(of 16)

Best time in the category: 32:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	11:45	3:36	5	1:32	8	1:32	3.25	11:45	3:36	5	1:32	9	1:32
Lap 2	3.25	12:57	3:59	5	1:45	9	1:45	6.50	24:42	3:47	5	3:17	5	3:17
Last lap Finish	3.25	12:57	3:59	4	1:58	10	1:58	9.75	37:39	3:51	5	5:15	10	14:53