



5. Walk in Herne
Herne / 14.03.2010

Detailed evaluation

Leßmöllmann, Hedi

Club: Castrop-Rauxel

Number: 5505

Course: 5.00 km

Nordic Walking

Total time: 49:14

Speed: 6.09 km/h

metres in height up: 99

Course score: 6.49

performance score: 39 Points