



## 5. Walk in Herne

Herne / 14.03.2010

### Detailed evaluation

Hildebrand, Helga

Club: VfL Bochum 1848-Leichtathletik e.V.

Number: 5561

Course: 5.00 km

Nordic Walking

Total time: 52:12

Speed: 5.75 km/h

metres in height up: 99

Course score: 6.49

performance score: 37 Points