



5. Walk in Herne  
Herne / 14.03.2010

Detailed evaluation

Ekermann, Sabina

Club: LG Oelde/Wadersloh  
Number: 5509

Course: 5.00 km  
Nordic Walking

Total time: 53:07

Speed: 5.65 km/h

metres in height up: 99  
Course score: 6.49

performance score: 37 Points