



5. Walk in Herne  
Herne / 14.03.2010

Detailed evaluation

Mielek, Heike

Club: BTC-Herne  
Number: 5550

Course: 5.00 km  
Nordic Walking

Total time: 1:00:06

Speed: 4.99 km/h

metres in height up: 99  
Course score: 6.49

performance score: 32 Points