



5. Walk in Herne  
Herne / 14.03.2010

Detailed evaluation

Slowly, Rainer

Club: TV-Friesen Telgte  
Number: 13040

Course: 13.00 km

Walking

Total time: 1:30:51

Speed: 8.59 km/h

metres in height up: 180

Course score: 15.70

performance score: 135 Points