



5. Walk in Herne

Herne / 14.03.2010

Detailed evaluation

Matt, Rüdiger

Club: Skigemeinschaft Ennepetal

Number: 13578

Course: 13.00 km

Nordic Walking

Total time: 1:39:41

Speed: 7.82 km/h

metres in height up: 180

Course score: 15.70

performance score: 123 Points