



5. Walk in Herne  
Herne / 14.03.2010

## Detailed evaluation

Zickau, Manfred

Club: Walking Treff Möhnesee  
Number: 13073

Course: 13.00 km

Walking

Total time: 1:44:36

Speed: 7.46 km/h

metres in height up: 180

Course score: 15.70

performance score: 117 Points