



5. Walk in Herne
Herne / 14.03.2010

Detailed evaluation

Pohlkamp, Bernhard

Club: Marathon Soest
Number: 13573

Course: 13.00 km
Nordic Walking

Total time: 1:41:40

Speed: 7.67 km/h

metres in height up: 180
Course score: 15.70

performance score: 120 Points