



5. Walk in Herne  
Herne / 14.03.2010

## Detailed evaluation

Luhmann, Mechthild

Club: Postsportverein Unna  
Number: 13580

Course: 13.00 km

Nordic Walking

Total time: 1:43:31

Speed: 7.54 km/h

metres in height up: 180

Course score: 15.70

performance score: 118 Points