



5. Walk in Herne
Herne / 14.03.2010

Detailed evaluation

Ahrendt, Kirstin

Club: Laufteam Gescher
Number: 5061

Course: 5.00 km

Walking

Total time: 43:10

Speed: 6.95 km/h

metres in height up: 99

Course score: 6.49

performance score: 45 Points