



5. Walk in Herne  
Herne / 14.03.2010

## Detailed evaluation

Ibsch, Dieter

Club: Die Verfolger

Number: 13537

Course: 13.00 km

Nordic Walking

Total time: 1:48:02

Speed: 7.22 km/h

metres in height up: 180

Course score: 15.70

performance score: 113 Points