



5. Walk in Herne
Herne / 14.03.2010

Detailed evaluation

Lohrmann, Lothar

Club: nordic-fitness-Bochum
Number: 13521

Course: 13.00 km
Nordic Walking

Total time: 1:49:19

Speed: 7.14 km/h

metres in height up: 180
Course score: 15.70

performance score: 112 Points