



## 5. Walk in Herne

Herne / 14.03.2010

### Detailed evaluation

Dudaj, Irmgard

Club: HTV

Number: 13581

Course: 13.00 km

Nordic Walking

Total time: 1:49:39

Speed: 7.11 km/h

metres in height up: 180

Course score: 15.70

performance score: 112 Points