



5. Walk in Herne
Herne / 14.03.2010

Detailed evaluation

Ziech, Uwe Klaus

Club: Bochum
Number: 13592

Course: 13.00 km
Nordic Walking

Total time: 1:50:08

Speed: 7.08 km/h

metres in height up: 180
Course score: 15.70

performance score: 111 Points