



## 5. Walk in Herne

Herne / 14.03.2010

### Detailed evaluation

Heitmann, Ernst

Club: Hohe Ward Gazellen/TuS-Hiltrup

Number: 13564

Course: 13.00 km

Nordic Walking

Total time: 1:50:09

Speed: 7.08 km/h

metres in height up: 180

Course score: 15.70

performance score: 111 Points