



5. Walk in Herne
Herne / 14.03.2010

Detailed evaluation

Knott, Karl-Heinz

Club: SV Herbern
Number: 13522

Course: 13.00 km
Nordic Walking

Total time: 1:50:20

Speed: 7.07 km/h

metres in height up: 180
Course score: 15.70

performance score: 111 Points