



5. Walk in Herne

Herne / 14.03.2010

Detailed evaluation

von der Höh, Thorsten

Club: Bochum

Number: 13506

Course: 13.00 km

Nordic Walking

Total time: 1:50:27

Speed: 7.06 km/h

metres in height up: 180

Course score: 15.70

performance score: 111 Points