



5. Walk in Herne
Herne / 14.03.2010

Detailed evaluation

Arnzen, Conny

Club: Laufteam Gescher
Number: 13086

Course: 13.00 km

Walking

Total time: 1:53:41

Speed: 6.86 km/h

metres in height up: 180

Course score: 15.70

performance score: 108 Points