



5. Walk in Herne
Herne / 14.03.2010

Detailed evaluation

Hensel, Ilona

Club: Erler-Sportgemeinschaft e.V.
Number: 13603

Course: 13.00 km
Nordic Walking

Total time: 1:50:59

Speed: 7.03 km/h

metres in height up: 180
Course score: 15.70

performance score: 110 Points