



5. Walk in Herne
Herne / 14.03.2010

Detailed evaluation

Braun, Freia

Club: Diemel Walker Warburg
Number: 13595

Course: 13.00 km

Nordic Walking

Total time: 1:51:12

Speed: 7.01 km/h

metres in height up: 180

Course score: 15.70

performance score: 110 Points