



5. Walk in Herne  
Herne / 14.03.2010

Detailed evaluation

Schäfer, Regina

Club: LC Solbad Ravensberg  
Number: 13501

Course: 13.00 km  
Nordic Walking

Total time: 1:53:41

Speed: 6.86 km/h

metres in height up: 180  
Course score: 15.70

performance score: 108 Points