



5. Walk in Herne

Herne / 14.03.2010

Detailed evaluation

Drees, Frank

Club: Koronarsportverein Distel-Walker

Number: 13531

Course: 13.00 km

Nordic Walking

Total time: 1:55:50

Speed: 6.73 km/h

metres in height up: 180

Course score: 15.70

performance score: 106 Points