



5. Walk in Herne
Herne / 14.03.2010

Detailed evaluation

Glapa, Rainer

Club: DJK TuS Rotthausen
Number: 13624

Course: 13.00 km
Nordic Walking

Total time: 1:55:55

Speed: 6.73 km/h

metres in height up: 180
Course score: 15.70

performance score: 106 Points