



5. Walk in Herne
Herne / 14.03.2010

Detailed evaluation

Maas, Silke

Club: Frisch auf Altenbochum
Number: 13541

Course: 13.00 km
Nordic Walking

Total time: 2:02:01

Speed: 6.39 km/h

metres in height up: 180
Course score: 15.70

performance score: 100 Points