



5. Walk in Herne
Herne / 14.03.2010

Detailed evaluation

Hesse, Micky

Club: VfK Iserlohn
Number: 13630

Course: 13.00 km
Nordic Walking

Total time: 2:02:22

Speed: 6.37 km/h

metres in height up: 180
Course score: 15.70

performance score: 100 Points