



5. Walk in Herne  
Herne / 14.03.2010

Detailed evaluation

Schippling, Astrid

Club: VfK Iserlohn

Number: 13629

Course: 13.00 km

Nordic Walking

Total time: 2:02:22

Speed: 6.37 km/h

metres in height up: 180

Course score: 15.70

performance score: 100 Points