



5. Walk in Herne

Herne / 14.03.2010

Detailed evaluation

Spangenberg-Mades, Dagmar

Club: Herne

Number: 13551

Course: 13.00 km

Nordic Walking

Total time: 2:04:11

Speed: 6.28 km/h

metres in height up: 180

Course score: 15.70

performance score: 99 Points