



## 5. Walk in Herne

Herne / 14.03.2010

### Detailed evaluation

**Kosmala, Karin**

Club: Erler-Sportgemeinschaft e.V.

Number: 13608

Course: 13.00 km

Nordic Walking

Total time: 2:06:41

Speed: 6.16 km/h

metres in height up: 180

Course score: 15.70

performance score: 97 Points