



5. Walk in Herne  
Herne / 14.03.2010

Detailed evaluation

Gommen, Bernd

Club: N.-W.-Hobbygruppe

Number: 5553

Course: 5.00 km

Nordic Walking

Total time: 43:00

Speed: 6.98 km/h

metres in height up: 99

Course score: 6.49

performance score: 45 Points