



5. Walk in Herne  
Herne / 14.03.2010

Detailed evaluation

**groll, frank**

Club: wt-soest  
Number: 20539

Course: 20.00 km  
Nordic Walking

Total time: 2:19:39

Speed: 8.59 km/h

metres in height up: 300  
Course score: 24.50

performance score: 210 Points