



5. Walk in Herne
Herne / 14.03.2010

Detailed evaluation

Maas, Herbert

Club: Frisch auf Altenbochum
Number: 13542

Course: 13.00 km

Nordic Walking

Total time: 2:19:51

Speed: 5.58 km/h

metres in height up: 180

Course score: 15.70

performance score: 88 Points