



5. Walk in Herne
Herne / 14.03.2010

Detailed evaluation

Sapsford, Donald

Club: Viermärker-Dortmund
Number: 20006

Course: 20.00 km

Walking

Total time: 2:31:17

Speed: 7.93 km/h

metres in height up: 300

Course score: 24.50

performance score: 194 Points