



5. Walk in Herne
Herne / 14.03.2010

Detailed evaluation

Hesse, Roland

Club: LF-Lüchtringen

Number: 20529

Course: 20.00 km

Nordic Walking

Total time: 2:29:04

Speed: 8.05 km/h

metres in height up: 300

Course score: 24.50

performance score: 197 Points