



5. Walk in Herne
Herne / 14.03.2010

Detailed evaluation

Paarmann, Karsten

Club: Walkingtreff Lünen
Number: 20044

Course: 20.00 km

Walking

Total time: 2:33:05

Speed: 7.84 km/h

metres in height up: 300

Course score: 24.50

performance score: 192 Points