



5. Walk in Herne  
Herne / 14.03.2010

## Detailed evaluation

Friedrich, Brigitte

Club: LG Halver-Schalksmühle  
Number: 20549

Course: 20.00 km  
Nordic Walking

Total time: 2:30:15

Speed: 7.99 km/h

metres in height up: 300  
Course score: 24.50

performance score: 196 Points