



5. Walk in Herne

Herne / 14.03.2010

Detailed evaluation

Kochskämper, Siegfried

Club: Beckum

Number: 20511

Course: 20.00 km

Nordic Walking

Total time: 2:32:57

Speed: 7.85 km/h

metres in height up: 300

Course score: 24.50

performance score: 192 Points