



5. Walk in Herne  
Herne / 14.03.2010

Detailed evaluation

Heckmann, Dagmar

Club: LSF-Unna-2000

Number: 20016

Course: 20.00 km

Walking

Total time: 2:38:45

Speed: 7.56 km/h

metres in height up: 300

Course score: 24.50

performance score: 185 Points