



5. Walk in Herne
Herne / 14.03.2010

Detailed evaluation

Schäfer, Lothar

Club: LC Solbad Ravensberg
Number: 20505

Course: 20.00 km
Nordic Walking

Total time: 2:37:05

Speed: 7.64 km/h

metres in height up: 300
Course score: 24.50

performance score: 187 Points