



5. Walk in Herne  
Herne / 14.03.2010

Detailed evaluation

Hegenberg, Gerd

Club: TG Westhofen  
Number: 20556

Course: 20.00 km  
Nordic Walking

Total time: 2:39:30

Speed: 7.52 km/h

metres in height up: 300  
Course score: 24.50

performance score: 184 Points