



5. Walk in Herne

Herne / 14.03.2010

Detailed evaluation

Beier, Rudolf

Club: Koronarsportverein Distel-Walker

Number: 20516

Course: 20.00 km

Nordic Walking

Total time: 2:43:49

Speed: 7.33 km/h

metres in height up: 300

Course score: 24.50

performance score: 180 Points