



## 5. Walk in Herne

Herne / 14.03.2010

### Detailed evaluation

**Wormuth, Ingrid**

Club: ASV-Sendener Walking-Mäuse

Number: 20531

Course: 20.00 km

Nordic Walking

Total time: 2:58:37

Speed: 6.72 km/h

metres in height up: 300

Course score: 24.50

performance score: 165 Points