



5. Walk in Herne  
Herne / 14.03.2010

Detailed evaluation

**Bönte, Thomas**

Club: PSV Bottrop  
Number: 20527

Course: 20.00 km  
Nordic Walking

Total time: 3:04:54

Speed: 6.49 km/h

metres in height up: 300  
Course score: 24.50

performance score: 159 Points