



5. Walk in Herne

Herne / 14.03.2010

Detailed evaluation

Rixen, Joachim

Club: ASV-Sendener Walking-Mäuse

Number: 20533

Course: 20.00 km

Nordic Walking

Total time: 3:08:30

Speed: 6.37 km/h

metres in height up: 300

Course score: 24.50

performance score: 156 Points