



5. Walk in Herne  
Herne / 14.03.2010

Detailed evaluation

Mangelmann, Claudia

Club: Herne

Number: 20512

Course: 20.00 km

Nordic Walking

Total time: 3:09:20

Speed: 6.34 km/h

metres in height up: 300

Course score: 24.50

performance score: 155 Points