



5. Walk in Herne  
Herne / 14.03.2010

Detailed evaluation

Borchard, Karl

Club: TriFun Hennesee  
Number: 20513

Course: 20.00 km  
Nordic Walking

Total time: 3:09:19

Speed: 6.34 km/h

metres in height up: 300  
Course score: 24.50

performance score: 155 Points