



## 5. Walk in Herne

Herne / 14.03.2010

### Detailed evaluation

Hellenkamp, Gisela

Club: Hohe Ward Gazellen/TuS-Hiltrup

Number: 5539

Course: 5.00 km

Nordic Walking

Total time: 44:52

Speed: 6.69 km/h

metres in height up: 99

Course score: 6.49

performance score: 43 Points