



5. Walk in Herne

Herne / 14.03.2010

Detailed evaluation

Gnaß, Christian

Club: Koronarsportverein Distel-Walker

Number: 5517

Course: 5.00 km

Nordic Walking

Total time: 47:34

Speed: 6.31 km/h

metres in height up: 99

Course score: 6.49

performance score: 41 Points